Women's Lacrosse

The 1967 Centennial celebrations in Canada spurred on a renewed interest in box lacrosse in Ontario with new growth coming from the participation of girls in the game.

An all-girls box lacrosse league was formed in 1970, and by 1975, the girls program became affiliated with the Ontario Minor Lacrosse Association.

A shift took place in the late 1970s early 1980s as girls/women started to move into the women's field game being introduced across the country.

Ontario competed at the National Field Championships for the first time in 1983, winning from 1994-1997.

The mid-90s saw a new growth phase largely driven by participation at the high school level. With more and more communities fielding teams, Ontario Women's Field Lacrosse launched its first league in 1997 at the U20 level.

Growth has been steady over the years and today girls and women ages 4-5 through to 30+ are playing across the province (2019: 91 teams; 17 clubs; approximately 4,000 players). Girls box lacrosse has also seen a rebirth. Provincial and national championships are currently held for both girls' box and field.

Ontario players have represented Canada at all 17 World Lacrosse events since 1982.

In addition, many players have combined their sport with their education and play field lacrosse at 10 Ontario universities and many more US colleges and universities.

